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| School Name: | Oxford Day Academy |
| Date: | January 31, 2024 |

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| **Strategy** | **Current Policy** | **Strength of Current Policy** | | | **Implementation of Current Policy** | | | | | **Notes** |
| *These are the strategies that you will be working to write into policy.* | *Write any current policy you have for each strategy into the corresponding boxes below. Next you will score the strength and implementation of each policy.* | Strong | Weak | No Policy | School  Wide | Most Classrooms | A Few Classrooms | In Planning | No Classrooms | *Opportunities, Barriers,*  *Resources Needed, Rank Policies by Priority, etc.* |
| Provide healthy choices for snacks and celebrations; limit unhealthy choices. | ***Celebrations and Rewards***  All foods offered on the school campus will meet or exceed the USDA Smart Snacks in School nutrition standards including through:   1. Celebrations and parties. The SFA will provide a list of healthy party ideas to parents and teachers, including non-food celebration ideas. 2. Classroom snacks brought by parents.   Rewards and incentives. Foods and beverages will not be used as a reward, or withheld as punishment for any reason, such as for performance or behavior. | X |  |  | X |  |  |  |  |  |
| Provide water and low fat milk; limit or eliminate sugary beverages. | ***Water***  To promote hydration, free, safe, unflavored drinking water will be available to all students throughout the school day and throughout every school campus. The SFA will make drinking water available where school meals are served during mealtimes.  Our school SFA is committed to serving healthy meals to children, with plenty of fruits, vegetables, whole grains, and fat-free and low-fat milk;  The foods and beverages sold and served outside of the school meal programs (i.e., “competitive” foods and beverages) will meet the USDA Smart Snacks in School nutrition standards, at a minimum. | X |  |  | X |  |  |  |  |  |
| Provide non-food rewards. | Rewards and incentives. Foods and beverages will not be used as a reward, or withheld as punishment for any reason, such as for performance or behavior. | X |  |  | X |  |  |  |  |  |
| Primarily non-food items should be sold through school fundraising activities. | ***Fundraising***  Foods and beverages that meet or exceed the USDA Smart Snacks in Schools nutrition standards may be sold through fundraisers on the school campus\* during the school day\*. The SFA will make available to parents and teachers a list of healthy fundraising ideas | X |  |  | X |  |  |  |  |  |
| Provide opportunities for children to get physical activity every day. | 1. **Physical Activity**   Physical activity during the school day (including but not limited to recess, physical activity breaks, or physical education) **will not be withheld** as punishment for any reason | X |  |  | X |  |  |  |  |  |
| The school demonstrates a commitment to neither deny nor require physical activity as a means of punishment. |  |  |  |  |  |  |  |  |  |  |
| Limit recreational screen time.  *(School based screen time)* | The SFA will integrate wellness activities across the entire school setting, not just in the cafeteria, other food and beverage venues, and physical activity facilities. The SFA will coordinate and integrate other initiatives related to physical activity, physical education, nutrition, and other wellness components so all efforts are complementary, not duplicative, and work towards the same set of goals and objectives promoting student well-being, optimal development, | X |  |  | X |  |  |  |  |  |

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| School Name: OXFORD DAY ACADEMY |  |
| Date: |  |

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| **Strategy** | **Current Policy** | **Strength of Current Policy** | | | **Implementation of Current Policy** | | | | | **Notes** |
| *List additional strategies that you will be working to write into policy.* | *Write any current policy you have for each strategy into the corresponding boxes below. Next you will score the strength and implementation of each policy.* | Strong | Weak | No Policy | School  Wide | Most Classrooms | A Few Classrooms | In Planning | No Classrooms | *Opportunities, Barriers,*  *Resources Needed, Rank Policies by Priority, etc.* |
| Policy is written and no further changes will be made. |  |  |  |  |  |  |  |  |  |  |
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